

### **Dumpster Dive**

# Take the "Dive" for Special Olympics Idaho.







#### Greetings,

We are reaching out to you to be a Champion for Special Olympics Idaho and host a Dumpster Dive. A Dumpster Dive is where people "*Dive*" into a (clean) dumpster full of cold water, to raise awareness and funds for Special Olympics Idaho.

Special Olympics Idaho offers sports training and competition year round to children and adults with intellectual disabilities. Special Olympics Idaho currently serves 3,000 athletes in the state of Idaho but there are still people with intellectual disabilities on the "side lines" of life. We need the help of community members like you to further our mission of inclusion, sport and joy.

Hosting a Dumpster Dive is as easy as saying Yes! and recruiting employees/students and other people you know to take the "Dive". Special Olympics Idaho will take care of all logistics of the event (Dumpster delivery, filling the dumpster with water and safely draining the water).

Hosting a Dumpster Dive is a *cool* way for businesses/schools to get involved with Special Olympics Idaho and to show our athletes that you support the hard work they give year round.

Additional Dumpster Dive information is attached for your review. If you have any questions about hosting a Dumpster Dive please let me know.

Best,

Shannon Reece Director of Special Events 208-590-1097



### What is Special Olympics Idaho Dumpster Dive?

A Dumpster Dive is where people "*Dive*" into a (clean) dumpster full of cold water, to raise awareness and funds for Special Olympics Idaho.

Any business, school and community member can host a "*Dive*" in their parking lot or a location of their choice.

Special Olympics Idaho has partnered with Republic Services to use their Dumpsters for these events! We bring the "*Dive*" to you and put the fun in fundraising!

## Why should your Business/School host a Dumpster Dive?

- Unify your coworkers and peers while supporting a great cause.
- Receive recognition for supporting Special Olympics Idaho.
- Increase awareness for people with intellectual disabilities.
- Raise funds to help the over 3,000 athletes in the state of Idaho.
- Special Olympics athletes are some of the best people you will ever meet.

### Positive Outcomes for your Business/School

The Special Olympics Idaho **Champions at Work** program gives your employees an opportunity to connect, contribute and volunteer. Your efforts help accomplish our mission of providing year-round sports training and athletic competition in a variety of Olympic-type sports for Idaho children and adults with intellectual disabilities giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

**Inspire** your employees to increase their overall health and well-being. This personal change can improve many aspects of their lives, including at home, in their communities and at the workplace.

**Foster team building**. Allowing your employees to gather behind a common cause will create stronger relationships, which will improve overall organizational efficiency.



**Increase employee retention**. Not only will your employees build stronger bonds, they will pull together persistently to complete tasks at hand and strive to reach your company's goals. This will also increase positivity in the workplace, creating a happier environment for all of your employees.

**Social Responsibility**. Increase your company's visibility as a charitable company. Gain recognition for the great accomplishments of your team.

The full Champions at Work guide can be found at www.idso.org under Ways to Help. This guide will be a great tool on how to fundraise.

#### How Do I Schedule a Dumpster Dive?

- 1. Say YES! to being a Champion for Special Olympics Idaho and commit to hosting a Dumpster Dive.
- 2. Fill out the attached form and email it to shannon@idso.org or fax to 800-915-6510.

Once you return your form, Special Olympics Idaho will confirm the date, time and location of the Dumpster Dive and will create all of the marketing material.

The business/school 's job is to recruit people to raise pledges and take the "*Dive*". Special Olympics Idaho will organize the delivery of the dumpster and all other logistics to set up the event.

\*If your business/school hosts a Dumpster Dive, the event will be covered under Special Olympics Idaho's liability insurance.



### Dumpster Dive Commitment Form

Name:
Business/School:
Address:
City, State, Zip:
Phone:
E-Mail:
Dumpster Dive Location:
Date:
Time:
Does your company/school require a certificate of liability as additional insured?

Please mail this form to or fax to (800) 815-6510 or email to shannon@idso.org: Special Olympics Idaho Attn: Shannon 199 E 52nd St Garden City, ID 83714

For more information, please contact Shannon Reece at (800) 915-6510 ext.15 or email at shannon@idso.org



### Special Olympics Idaho Fact Sheet

**Mission:** The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for all children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

**Athletes:** Nearly 3,000 children and adults with intellectual disabilities or closely related developmental disability participate. Athletes range in age from 2 to 92 and are of all ability levels.

**Volunteers:** Approximately 9,000 volunteers provide the manpower for Special Olympics Idaho. Volunteers of all ages serve as coaches, athlete escorts, organizers, fund-raisers, entertainers, Unified Partners, or sports officials. Volunteers are always needed!

**Competitions:** Special Olympics Idaho competitions are offered year-round in 130 local programs across Idaho. Special Olympics Idaho conducts 12 regional competitions and two State competitions each year.

**Sports:** Special Olympics Idaho offers training and sports competition in the following sports:

Floor Hockey	Nordic Skiing	Alpine Skiing
Snowboarding	Athletics (track and field)	Basketball
Powerlifting	Aquatics	Golf
Bocce	Bowling	Softball
Soccer	Snowshoeing	Cycling

**Benefits:** A 1995 study by Yale University confirmed that Special Olympics contribute to the physical, social and psychological development of people with intellectual disabilities. Through successful experiences in sports, they gain confidence and build a positive self-image that carries over into the classroom, the home, the job, and the community.

Total Staffing: 6 Full time, 3 part time

**Funding:** Special Olympics Idaho is a nonprofit, tax exempt organization that raises funds through the generosity of individuals, businesses, corporations, and public and private foundations.